

**City of Providence/Local Union 1033  
2019-2020 Wellness Program  
Earn a \$300/\$600 reduced co-share contribution in 2020!**

The City of Providence Local Union 1033 Wellness Incentive Program is designed to reward eligible BCBSRI members who adopt and maintain a healthy lifestyle and to assist them in achieving healthy living milestones. Eligible union members who complete designated wellness requirements and activities in 2020 can earn up \$300 per employee (or \$600 for employee and spouse) in annual co-share credit.

#### EMPLOYEES

##### Requirements:

Enroll in VP Portal and Drs. Online  
Annual Well Visit\*  
Annual Dental Exam

+

##### 3 of the 6 Programs:

On-line Health Assessment  
Tracking Steps via device/phone  
Vision Exam  
On site health screening or  
physician form  
Nicotine Free Agreement  
Switch to Mail Order Rx

#### SPOUSE

##### Requirements:

Enroll in VP Portal and Drs. Online  
Annual Well Visit  
Annual Dental Exam

+

##### 3 of the 6 Programs:

On-line Health Assessment  
Tracking Steps via device/phone  
Vision Exam  
On site health screenings or  
physician form  
Nicotine Free Agreement  
Switch to Mail Order Rx

#### SINGLE PARENT FAMILY

##### Requirements:

All Employee Requirements AND  
3 of 6 employee Programs

+

Child Annual Physical  
Child Annual Eye Exam  
Child Annual Dental Exam