HealthMate Coast-to-Coast



1/1/2019 1033 Retirees – PR4X P1

Understanding Your Benefits

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You pay the following amounts each year before your health plan starts to pay toward the cost of covered services:

- \$0 per individual plan;\$0 per family plan in network
- \$100 per individual plan;
 \$300 per family plan out of network
- Hybrid deductible: All deductible payments count toward the family deductible amount, but the individual will never pay more than their individual deductible amount.

Out-of-pocket Limits

The following is the maximum amount you would pay out-of-pocket for covered healthcare services each year, including deductible, copays, and coinsurance.

- \$4,000 per individual plan;
 \$8,000 per family plan in-network
- \$6,350 per individual plan;
 \$12,700 per family plan out-ofnetwork
- Hybrid out-of-pocket: All out-ofpocket payments count toward the family out-of-pocket limit. The individual will never pay more than their individual out-of-pocket amount.

Please note:

The deductible and out-of-pocket limits are separate for in-network and out-of-network services.

Network:

Extensive national network, with access to thousands of providers across the country.

What's Covered	What You Pay		
Service	In-Network	Out-of-Network	
Preventive CareAdult preventive careChild preventive care	\$0 per visit	\$10 plus 20% per visit after deductible	
 Immunizations Preventive lab, x-ray, and imaging 	\$0 per visit	20% per visit after deductible	
 Primary Care Office Visits Adult primary care Adult gynecological exam Pediatric primary care 	\$10 per visit	\$10 plus 20% per visit after deductible	
 Specialist Office Visits Specialty care Chiropractic (limit 12 visits per year) Routine eye exam (limit 1 visit per year) 	\$10 per visit	\$10 plus 20% per visit after deductible	
Allergy and Dermatology	\$15 per visit	\$15 plus 20% per visit after deductible	
Outpatient Services Diagnostic lab, x-ray, and imaging Medical/surgical care High-end radiology (e.g., MRI/CT/PET), nuclear medicine, and sleep studies 	0% per visit	20% per visit after deductible	
Inpatient Services Hospitalization Maternity Mental Health Chemical dependency Rehabilitation (limit 45 days per year) 	\$0 per visit	20% per visit after deductible	
Hospital Emergency Services	\$25 per visit	\$25 per visit	

Registering Online

- Go to BCBSRI.com
- Click on "Log In to My Account", then click "Register now"
- Follow the registration instructions provided

Access Your Benefits:

- Get a list of your benefits and recent claims.
- See how much you've paid toward your deductible and out of pocket maximum.
- Check out our cost and quality tools.
- Find the member handbook to learn what to expect from BCBSRI.

Mobile Access:

Your Blue Touch RI – Mobile App

- Employees can see health benefits and remaining deductible and out-ofpocket amounts, search for doctors and other providers, and much more.
- Download the app from the Apple or Google app store (iOS[®] is a registered trademark of Cisco in the U.S. and is used by Apple under license. Android is a trademark of Google Inc).

Your Blue Wire RI – Text Messages

- Members can receive secure personalized messages on their mobile devices, like reminders about flu shots and important tests; money-saving tips; benefit updates, and more.
- Call **1-844-779-8820** to sign up

Need Help?

Call Customer Service

- Locally: (401) 459-5000
- Outside Rhode Island: 1-800-639-2227
- TTY/TDD (Telecommunication Device for the Deaf) Users should call 711

Hours:

Monday – Friday, 8:00 a.m. to 8:00 p.m., Saturday – Sunday, 8:00 a.m. to 12 p.m., Eastern Time

What's Covered	What You Pay		
Service	In-Network	Out-of-Network	
Urgent Care	\$10 per visit	\$10 plus 20% per visit after deductible	
Telemedicine Visits	\$7.50 per visit	Not Covered	
Ambulance Ground	\$50 per occurrence	\$50 per occurrence	
Air/Water	\$50 per occurrence	\$50 per occurrence	
 Durable Medical Equipment Medical supplies Diabetic supplies Prosthetic devices 	20% per service/device	20% per service/device after deductible	
Physical, Occupational, and Speech Therapy	20% per visit	20% per visit after deductible	
 Vision Hardware Prescription glasses (frames and/or lenses) or contact lenses 	Age 0-18 up to \$100 per occurrence Age 19 and over \$100 every 2 calendar years See Vision Hardware Flyer		



This is a summary of your HealthMate Coast-to-Coast benefits. It is not a contract. For details about your coverage, including any limitations or exclusions not noted here, please refer to your subscriber agreement or call the number located on the back of your BCBSRI ID card. If you have guestions about receiving medical care, please call your doctor.

500 Exchange Street • Providence, RI 02903-2699

Blue Cross & Blue Shield of Rhode Island is an independent licensee of the Blue Cross and Blue Shield Association.