

# HealthMate Coast-to-Coast Deductible



7/1/2019

Teachers PT2P11  
Teachers 750 PT8P7 & PT9P4

## Understanding Your Benefits

### Deductibles

You pay the following amounts each year before your health plan starts to pay toward the cost of covered services:

- \$750 per individual plan;  
\$1,500 per family plan in network
- \$750 per individual plan;  
\$1,500 per family plan out of network
- **Hybrid deductible:** All deductible payments count toward the family deductible amount, but the individual will never pay more than their individual deductible amount.

### Out-of-pocket Limits

The following is the maximum amount you would pay out-of-pocket for covered healthcare services each year, including deductible, copays, and coinsurance.

- \$4,000 per individual plan;  
\$8,000 per family plan in-network
- \$5,000 per individual plan;  
\$10,000 per family plan out-of-network
- **Hybrid out-of-pocket:** All out-of-pocket payments count toward the family out-of-pocket limit. The individual will never pay more than their individual out-of-pocket amount.

### Please note:

The deductible and out-of-pocket limits are separate for in-network and out-of-network services.

### Network:

Extensive national network, with access to thousands of providers across the country.

What's Covered Service	What You Pay	
	In-Network	Out-of-Network
<b>Preventive Care</b> <ul style="list-style-type: none"> <li>▪ Adult preventive care</li> <li>▪ Child preventive care</li> </ul>	\$0 per visit	\$30 plus 20% per visit after deductible
<ul style="list-style-type: none"> <li>▪ Immunizations</li> <li>▪ Preventive lab, x-ray, and imaging</li> </ul>	\$0 per visit	20% per visit after deductible
<b>Primary Care Office Visits</b> <ul style="list-style-type: none"> <li>▪ Adult primary care</li> <li>▪ Adult gynecological exam</li> <li>▪ Pediatric primary care</li> </ul>	\$30 per visit	\$30 plus 20% per visit after deductible
<b>Specialist Office Visits</b> <ul style="list-style-type: none"> <li>▪ Specialty care</li> <li>▪ Allergy and Dermatology</li> <li>▪ Chiropractic (limit 12 visits per year)</li> <li>▪ Routine eye exam (limit 1 visit per year)</li> </ul>	\$30 per visit	\$30 plus 20% per visit after deductible
<ul style="list-style-type: none"> <li>▪ Acupuncture (limit 12 visits per year)</li> </ul>	\$10 per visit	\$10 per visit
<b>Outpatient Services</b> <ul style="list-style-type: none"> <li>▪ Diagnostic lab, x-ray, and imaging</li> <li>▪ Medical/surgical care</li> <li>▪ High-end radiology (e.g., MRI/CT/PET), nuclear medicine, and sleep studies</li> </ul>	0% per visit after deductible	20% per visit after deductible
<b>Inpatient Services</b> <ul style="list-style-type: none"> <li>▪ Hospitalization</li> <li>▪ Maternity</li> <li>▪ Mental Health</li> <li>▪ Chemical dependency</li> <li>▪ Rehabilitation (limit 45 days per year)</li> </ul>	0% per visit after deductible	20% per visit after deductible

## Registering Online

- Go to [BCBSRI.com](http://BCBSRI.com)
- Click on “Log In to My Account”, then click “Register now”
- Follow the registration instructions provided

## Access Your Benefits:

- Get a list of your benefits and recent claims.
- See how much you’ve paid toward your deductible and out of pocket maximum.
- Check out our cost and quality tools.
- Find the member handbook to learn what to expect from BCBSRI.

## Mobile Access:

### Your Blue Touch RI – Mobile App

- Employees can see health benefits and remaining deductible and out-of-pocket amounts, search for doctors and other providers, and much more.
- Download the app from the Apple or Google app store (iOS® is a registered trademark of Cisco in the U.S. and is used by Apple under license. Android is a trademark of Google Inc).

### Your Blue Wire RI – Text Messages

- Members can receive secure personalized messages on their mobile devices, like reminders about flu shots and important tests; money-saving tips; benefit updates, and more.
- Call 1-844-779-8820 to sign up

## Need Help?

### Call Customer Service

- Locally: (401) 459-5000
- Outside Rhode Island: 1-800-639-2227
- TTY/TDD (Telecommunication Device for the Deaf) Users should call 711

### Hours:

Monday – Friday, 8:00 a.m. to 8:00 p.m., Saturday – Sunday, 8:00 a.m. to 12 p.m., Eastern Time

What's Covered Service	What You Pay	
	In-Network	Out-of-Network
<b>Hospital Emergency Services</b>	\$100 per visit	\$100 per visit
<b>Urgent Care</b>	\$50 per visit	\$50 plus 20% per visit after deductible
<b>Telemedicine Visits</b>	\$7.50 per visit	Not Covered
<b>Ambulance</b> <ul style="list-style-type: none"><li>Ground</li><li>Air/Water</li></ul>	\$50 per occurrence	\$50 per occurrence
<b>Durable Medical Equipment</b> <ul style="list-style-type: none"><li>Medical supplies</li><li>Diabetic supplies</li><li>Prosthetic devices</li></ul>	20% per service/device after deductible	20% per service/device after deductible
<b>Physical and Occupational Therapy</b>	20% per visit after deductible	20% per visit after deductible
<b>Speech Therapy</b>	\$30 per visit	\$30 plus 20% per visit after deductible
<b>Vision Hardware</b> <ul style="list-style-type: none"><li>Prescription glasses (frames and/or lenses) or contact lenses</li></ul>	Age 0-18 up to \$100 per occurrence Age 19 and over \$100 every 2 calendar years <b>See Vision Hardware Flyer</b>	



www.bcsbri.com

*This is a summary of your HealthMate Coast-to-Coast benefits. It is not a contract. For details about your coverage, including any limitations or exclusions not noted here, please refer to your subscriber agreement or call the number located on the back of your BCBSRI ID card. If you have questions about receiving medical care, please call your doctor.*

500 Exchange Street • Providence, RI 02903-2699  
Blue Cross & Blue Shield of Rhode Island is an independent licensee of the Blue Cross and Blue Shield Association.