# HealthMate Coast-to-Coast



# 7/1/2020

Active School Teachers- 00000PT2 COBRA School Teachers- 0001F422 Retiree School- 00000PT8 Retiree School Basic No Rx- 00000PT9

# Understanding **Your Benefits**

Deductibles	What's Covered	What	: You Pay
You pay the following amounts each year	Service	In-Network	Out-of-Network
<ul> <li>before your health plan starts to pay toward the cost of covered services:</li> <li>\$0 per individual plan; \$0 per family plan in network*</li> <li>\$100 per individual plan; \$300 per family plan out</li> </ul>	Preventive Care • Adult preventive care • Child preventive care • Immunizations	\$0 per visit	\$10 plus 20% per visit after deductible 20% per visit
of network*	<ul> <li>Preventive lab, X-ray, and imaging</li> <li>\$0 per visit</li> </ul>		after deductible
Out-of-pocket Limits The following is the maximum amount you would pay out-of-pocket for covered healthcare services each year, including deductible, copays, and coinsurance. \$4,000 per individual plan; \$8,000 per family plan in-network	<ul> <li>Primary Care Office Visits</li> <li>Adult primary care</li> <li>Adult gynecological exam</li> <li>Pediatric primary care</li> </ul>	\$10 per visit	\$10 plus 20% per visit after deductible
<ul> <li>\$6,350 per individual plan; \$12,700 per family plan out-of- network</li> <li>Hybrid out-of-pocket: All out-of- pocket payments count toward the family out-of-pocket limit. The individual will never pay more than their individual out-of-pocket amount.</li> <li>Please note: The deductible and out-of-pocket limits are</li> </ul>	<ul> <li>Specialist Office Visits</li> <li>Specialty care</li> <li>Routine eye exam (limit 1 visit per year)</li> <li>Chiropractic (limit 12 visits per year)</li> </ul>	\$10 per visit	\$10 plus 20% per visit after deductible
separate for in-network and out-of-network services.	<ul> <li>Acupuncture (limit 12 visits per year)</li> </ul>	\$10 per visit	\$10 per visit
<b>Network:</b> Extensive national network, with access to	<ul> <li>Allergy and Dermatology</li> </ul>	\$15 per visit	\$15 plus 20% per visit after deductible
*3 family members must meet the individual amount.	<ul> <li>Outpatient Services</li> <li>Diagnostic lab, x-ray, and imaging</li> <li>High-end radiology (e.g., MRI/CT/PET), nuclear medicine, and sleep studies</li> <li>Medical/surgical care</li> </ul>	0% per visit	20% per visit after deductible

### **Registering Online**

- Go to BCBSRI.com
- Click on "Log In to My Account", then click "Register now"
- Follow the registration instructions provided

#### Access Your Benefits:

- Get a list of your benefits and recent claims.
- See how much you've paid toward your deductible and out of pocket maximum.
- Check out our cost and quality tools.
- Find the member handbook to learn what to expect from BCBSRI.

#### Mobile Access:

#### Your Blue Touch RI – Mobile App

- Employees can see health benefits and remaining deductible and out-ofpocket amounts, search for doctors and other providers, and much more.
- Download the app from the Apple or Google app store (iOS<sup>®</sup> is a registered trademark of Cisco in the U.S. and is used by Apple under license. Android is a trademark of Google Inc).

#### Your Blue Wire RI – Text Messages

- Members can receive secure personalized messages on their mobile devices, like reminders about flu shots and important tests; money-saving tips; benefit updates, and more.
- Call 1-844-779-8820 to sign up

## **Need Help?**

#### Call Customer Service

- Locally: (401) 459-5000
- Outside Rhode Island: 1-800-639-2227
- TTY/TDD (Telecommunication Device for the Deaf) Users should call 711

#### Hours:

Monday – Friday, 8:00 a.m. to 8:00 p.m., Saturday – Sunday, 8:00 a.m. to 12 p.m., Eastern Time

What's Covered	What You Pay		
Service	In-Network	Out-of-Network	
Inpatient Services Hospitalization Maternity Mental Health Chemical dependency Rehabilitation (limit 45 days per year)	0% per visit	20% per visit after deductible	
Hospital Emergency Services	\$100 per visit	\$100 per visit	
Urgent Care	\$10 per visit	\$10 plus 20% per visit after deductible	
Telemedicine Visits	\$7.50 per visit	Not Covered	
Ambulance Ground	\$50 per occurrence	\$50 per occurrence	
Air/Water	\$50 per occurrence	\$50 per occurrence	
<ul> <li>Durable Medical Equipment</li> <li>Medical supplies</li> <li>Diabetic supplies</li> <li>Prosthetic devices</li> </ul>	20% per service/device	20% per service/per device after deductible	
Physical, Occupational, and Speech Therapy	20% per visit	20% per visit after deductible	



This is a summary of your HealthMate Coast-to-Coast benefits. It is not a contract. For details about your coverage, including any limitations or exclusions not noted here, please refer to your subscriber agreement or call the number located on the back of your BCBSRI ID card. If you have guestions about receiving medical care, please call your doctor.

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Blue Cross & Blue Shield of Rhode Island is an independent licensee of the Blue Cross and Blue Shield Association.