

Want to learn how to participate in the City of Providence's **free** wellbeing program and earn rewards?

Join a wellness consultant from Blue Cross & Blue Shield of Rhode Island to learn how to use Virgin Pulse and earn rewards!

Virtual Stop-by's on:

Friday, October 1st between 9am and 3pm

Click here to join the meeting

Wednesday, October 13<sup>th</sup> between 10am and 3pm Click here to join the meeting

Get the Virgin Pulse mobile app or go to **join.virginpulse.com** and select **Blue Cross & Blue Shield of Rhode Island** as your program sponsor.







