



Being Ready for an Emergency is as Easy as 1-2-3

# Get a Kit



City of Providence  
Emergency Management Agency &  
Office of Homeland Security

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[www.readyprov.com](http://www.readyprov.com)

The Providence Emergency Management Agency recommends the following items to be included in your family's basic emergency supply kit:

- WATER**, one gallon of water per person per day for at least three days, for drinking and sanitation.
- FOOD**, at least a three-day supply of non-perishable food.
- Battery-powered or hand crank **RADIO** and a **NOAA WEATHER ALERT RADIO** with spare batteries.
- FLASHLIGHT** and spare batteries.
- FIRST AID KIT**
- WHISTLE** to signal for help.
- DUST MASK**, to help filter contaminated air and plastic sheeting and duct tape to shelter-in-place.
- MOIST TOWELLETES AND GARBAGE BAGS** for personal sanitation.
- WRENCH or PLIERS** to turn off utilities
- CAN OPENER** for food (if kit contains canned food)
- LOCAL MAPS**

Additional items to consider adding to an emergency supply kit:

- Prescription medications and glasses.
- Infant formula and diapers.
- Pet food and extra water for your pet.
- Important family documents such as copies of insurance policies, identification and bank account records in a waterproof, portable container.
- Cash or traveler's checks and change.
- Emergency reference material such as a first aid book or information from [www.ready.gov](http://www.ready.gov).
- Sleeping bag or warm blanket for each person. Consider additional bedding if you live in a cold-weather climate.
- Complete change of clothing including a long sleeved shirt, long pants and sturdy shoes.
- Household chlorine bleach and medicine dropper to sanitize water.
- Fire Extinguisher
- Matches in a waterproof container.
- Feminine supplies and personal hygiene items.
- Mess kits, paper cups, plates and plastic utensils, paper towels.
- Paper and pencil.
- Books, games, puzzles or other activities for children.