Being Ready for an Emergency is as Easy as 1-2-3

Get a Kit

The Providence Emergency Management Agency recommends the following items to be included in your family’s basic emergency supply kit:

- **WATER**, one gallon of water per person per day for at least three days, for drinking and sanitation.
- **FOOD**, at least a three-day supply of non-perishable food.
- Battery-powered or hand crank **RADIO** and a **NOAA WEATHER ALERT RADIO** with spare batteries.
- **FLASHLIGHT** and spare batteries.
- **FIRST AID KIT**
- **WHISTLE** to signal for help.
- **DUST MASK**, to help filter contaminated air and plastic sheeting and duct tape to shelter-in-place.
- **MOIST TOWELLETTES AND GARBAGE BAGS** for personal sanitation.
- **WRENCH** or **PLIERS** to turn off utilities
- **CAN OPENER** for food (if kit contains canned food)
- **LOCAL MAPS**

Additional items to consider adding to an emergency supply kit:

- Prescription medications and glasses.
- Infant formula and diapers.
- Pet food and extra water for your pet.
- Important family documents such as copies of insurance policies, identification and bank account records in a waterproof, portable container.
- Cash or traveler's checks and change.
- Emergency reference material such as a first aid book or information from www.ready.gov.
- Sleeping bag or warm blanket for each person. Consider additional bedding if you live in a cold-weather climate.
- Complete change of clothing including a long sleeved shirt, long pants and sturdy shoes.
- Household chlorine bleach and medicine dropper to sanitize water.
- Fire Extinguisher
- Matches in a waterproof container.
- Feminine supplies and personal hygiene items.
- Mess kits, paper cups, plates and plastic utensils, paper towels.
- Paper and pencil.
- Books, games, puzzles or other activities for children.