



City of Providence/Local Union 1033 2019-2020 Wellness Program



Earn a \$300/\$600 reduced co-share contribution in 2020!

The City of Providence Local Union 1033 Wellness Incentive Program is designed to reward eligible BCBSRI members who adopt and maintain a healthy lifestyle and to assist them in achieving healthy living milestones. Eligible union members who complete designated wellness requirements and activities from May 1, 2019 – June 30, 2020 can earn up \$300 per employee (or \$600 for employee and spouse) in annual wellness incentive payments. Incentive payments will be made in September 2020.

EMPLOYEES

Requirements:

- Enroll in VP Portal and Drs. Online
- Annual Well Visit*
- Annual Dental Exam

+

3 of the 6 Programs:

- On-line Health Assessment
- Tracking Steps via device/phone
- Vision Exam
- On site health screening or physician form
- Nicotine Free Agreement
- Switch to Mail Order Rx

SPOUSE

Requirements:

- Enroll in VP Portal and Drs. Online
- Annual Well Visit
- Annual Dental Exam

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3 of the 6 Programs:

- On-line Health Assessment
- Tracking Steps via device/phone
- Vision Exam
- On site health screenings or physician form
- Nicotine Free Agreement
- Switch to Mail Order Rx

SINGLE PARENT FAMILY

Requirements:

- All Employee Requirements
AND
- 3 of 6 employee Programs

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- Child Annual Physical
- Child Annual Eye Exam
- Child Annual Dental Exam

*Employees who do not receive an annual well visit between 5/1/2019-6/30/2020 will pay an additional 1% in co-shares for FY21.