

# Mark your calendar: The 2023 Benefit Fairs begin soon!

Your City of Providence employee benefits include a range of programs and services designed to help support your physical and emotional well-being. When you attend one of the 2023 benefit fairs, you can:

- ✓ Receive onsite biometric screenings
- ✓ Speak with a registered dietitian
- ✓ Talk to a personal trainer
- Enjoy a relaxing chair massage
- ✓ Earn Virgin Pulse wellness points through onsite activities



### Learn about programs and services available to you

You can speak with a representative from Blue Cross & Blue Shield of Rhode Island as well as other benefit providers, including:

- Virgin Pulse
- London Health
- Carelon Wellbeing
- CVS Caremark
- Met Life
- Transamerica
- Delta Dental of Rhode Island
- VOYA

## Choose a date and location that fits your schedule

#### Tuesday, May 2

Joseph A. Doorley, Jr. Municipal Building 444 Westminster St., Providence 10:00 a.m. to 3:00 p.m.

#### Wednesday, May 3

Public Safety Complex Auditorium 325 Washington St., Providence 11:00 a.m. to 4:00 p.m.

#### Thursday, May 4

Roger Williams Park (Casino) 1000 Elmwood Ave., Providence 10:00 a.m. to 3:00 p.m.

# **Questions?**

Call **(401) 429-2290** or **1-866-987-5857** to reach the City of Providence Employee CARE Center. Our team is available Monday through Friday, 8:00 a.m. to 8:00 p.m., and Saturday, 8:00 a.m. to noon.