



City of Providence 2019-2020 Wellness Program

Earn a \$300/\$600 lump-sum incentive payment in 2020!



The City of Providence Wellness Incentive Program is designed to reward eligible BCBSRI members who adopt and maintain a healthy lifestyle and to assist them in achieving healthy living milestones. Eligible members who complete designated wellness requirements and activities from July 1, 2019 - June 30, 2020 can earn up to \$300 per employee (or \$600 for family) in annual wellness incentive payments. Incentive payments will be made in September 2020.

EMPLOYEES

Requirements:

- Enroll in Virgin Pulse portal and Drs. Online
- Annual Well Visit*
- Annual Dental Exam

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3 of the 5 Activities:

- On-line Health Assessment
- Tracking Steps via device/phone
- Vision Exam
- Health screening or physician form
- Nicotine Free Agreement

SPOUSE

Requirements:

- Enroll in Virgin Pulse portal and Drs. Online
- Annual Well Visit
- Annual Dental Exam

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3 of the 5 Activities:

- On-line Health Assessment
- Tracking Steps via device/phone
- Vision Exam
- Health screenings or physician form
- Nicotine Free Agreement

SINGLE PARENT FAMILY

Requirements:

- All Employee Requirements
AND
- 3 of 5 employee Activities
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All 3 Activities below:

- Child Annual Physical
- Child Annual Dental Exam
- Child Annual Vision Exam

*Employees who do not receive an annual well visit between 7/1/2019-6/30/2020 will pay an additional 1% in co-shares for FY21.