

Mental and Behavioral Health Resource Guide

City of Providence





Mayor's Coalition on Behavioral Health

City of Providence



The Providence Healthy Communities Office (HCO) is the City's lead agency for health policy, health promotion and substance use disorder prevention. The HCO works to ensure that Providence residents have equitable access to the resources they need to lead healthy lives.



The Mission of the Mayor's Coalition on Behavioral Health (MCBH) is to provide leadership, raise awareness and develop policy for the Mayor relating to health, wellness, and safety, including drug, alcohol, and tobacco prevention, across the lifespan.

The mission of the Coalition states:

- Promoting the health and wellness of individuals and communities in the Providence area;
- Using evidence-based programs, as well as providing tools, resources, and education for community prevention;
- Supporting comprehensive environmental strategies to address systemic challenges.

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The City of Providence Mental and Behavioral Health Resource Guide is intended to include as many Providence resources as possible and is updated as of Summer 2022. The information included in this Guide is subject to change. There may be additional resources available in Providence that are not included in this Guide.

If you or someone you know is having thoughts of suicide, or is experiencing a mental health or substance use crisis, call 988.

When you need police, fire, or rescue, or have a medical emergency such as an overdose, call 911.



A Note from the Healthy Communities Office Director

Dear Providence residents, community providers and other partners,

Welcome to the City of Providence Healthy Communities Office Mental and Behavioral Health Resource Guide.

Rhode Island is often cited for having unusually high rates of mental illness and substance misuse. While this may sound like there are more instances of mental health crisis or substance misuse here than in other places, it may actually reflect that Rhode Islanders are very aware of available mental health resources and more likely to seek services.

Despite these high rates of individuals seeking services, we realize that many Providence residents may not know where to access the best mental healthcare services for themselves or their family members — or may not even think to take the first step towards finding care. That is the goal of this guide — to give you and your loved ones the resources you need to seek services if you are in need of support.

A report titled "The State of Mental Health in America 2022" by Mental Health America (MHA) found that:

- 1. Out of the over 50 million Americans living with mental illness, 24% have an unmet need for treatment. This number has not declined since 2011.
- 2. More than half of adults with a mental illness do not receive treatment.
- Of youth with severe depression who are receiving treatment, only 27% receive constant care.
- **4.** 8.1% of children have private insurance that does not cover mental health services.
- 5. 11.1% of Americans with a mental illness are uninsured.
- 6. 10.6% of youth in the U.S. have severe major depression. This rate is higher (14.5%) among youth who identify as more than one race.

These statistics show that there is still work to be done to improve the availability and accessibility of mental and behavioral healthcare, especially for children. We know that several needs exist in Rhode Island; in 2021, 6,460 children under age 18 were treated at local Community Mental Health Organizations (Rhode Island KIDS COUNT Factbook, 2022). We hope that the information in this guide will empower more individuals to take advantage of the services and support available in and around Providence.

If you or someone you know is experiencing emotional or behavioral challenges, please know that there are resources available for you. Most people do not hesitate to go to the doctor for a physical health concern, like a broken bone, and we should treat mental health the same way. If you are not sure whether your mental or emotional state is something to be concerned about, it is worth seeking out a provider to ask. Your primary healthcare physician is a good place to start. We hope that this guide will connect you to other valuable resources in our community as well.

Please feel free to contact our office through our website with any questions you may have: www.providenceri.gov/healthy-communities.

Thank you, **Laurie Moïse Sears, MPH** *Director, Healthy Communities Office City of Providence*



What is 988?

The 988 Suicide & Crisis Lifeline (formerly known as the National Suicide Prevention Lifeline) offers 24/7 call, text and chat access to trained crisis counselors who can help people experiencing suicidal, substance use, and/or mental health crisis, or any other kind of emotional distress. People can also dial 988 if they are worried about a loved one who may need crisis support. In Rhode Island, 988 calls are answered by BH Link.

For more information on 988, visit the SAMHSA website for FAQs. https://www.samhsa.gov/find-help/988/faqs#about-988



About This Guide

Each entry in this resource guide details a different organization that serves the Providence community, including the services the organization provides, the clients they serve, any special programs the organization offers, the language(s) the organization speaks and the forms of payment that are accepted by the organization. While we strive to provide the most current information, please note that organization services may change and contacting the organization directly will provide you with the most up-to-date information.

The Resource Guide is divided into five **primary focus sections** to help you quickly find the most relevant resources.

- Basic Needs Clothing, Case Management, Crime Victims Support, Domestic Violence Programming, Education and Employment Services, Emergency Food, Emergency Housing Assistance, Health Education, Legal Clinic, Mortgage Assistance, Prescription Assistance, Rental Assistance, Temporary Housing and Utility Assistance.
- Children, Youth and Families Programs Mainly Focused On The Family Unit and Child Welfare and Mothers. Specialized resources for Spanish-speaking and LGBTQ+ residents are included.
- Inpatient Treatment Hospitalization and Addiction Recovery Resources.
- 4. Mental Health and Recovery Services Behavioral Healthcare and Outpatient Treatment Services.
- Other Services Resources whose focus areas are important to mental health, but cannot specifically be categorized into the previous sections.

Types of Services

For each organization listed in this guide, we list a keyword for the types of services the organization provides. Below are the definitions of the service keywords included in this guide.

Day Treatment – Partial hospitalization where a patient resides at home but commutes to treatment.

Helplines/Hotlines – Phone-based emotional, social and/or financial support through peer-to-peer interactions.

HIV/STD - Specialized programs, advocacy or support for individuals affected by HIV/AIDS or other sexually transmitted diseases.

Housing or Temporary Residence – Shelters and supportive community organizations that provide refuge.

Insurance – Support and information regarding Medicare, Medicaid, private and other types of insurance.

Mental Health Services – Support and treatment for individuals or families affected by mental health conditions.

Outpatient – Medical treatment provided without admittance to a hospital.

Prescription Assistance – Discounts, programs or other means to help with payment for prescriptions.

Psychiatric Services – The study, diagnosis and treatment of affective, behavioral, cognitive and perceptual mental disorders.

Recovery Support Services – Removal of obstacles before and during recovery as well as enhancement of quality of life for people in recovery and their families.

Residential Treatment – Live-in healthcare facility providing therapy and treatment for substance use disorders.

Forms of Payment Accepted

Whenever possible, we list the methods of payment accepted by each organization for their services (if required). Below are the definitions of the forms of payment included in this guide.

Employer-Sponsored/Private Insurance – Health plan provided through an employer or by an individual through a private company.

Free - All Services - All interactions and services are free of charge.

Free - Limited Services - Some but not all services are free of charge.

Medicaid – Largest source of funding for medical healthrelated services for people with low income in the United States.

Medicare – Social service that guarantees access to health insurance for Americans over 65 years of age.

Out of Pocket – Compensation for services covered by money of an individual rather than another source.

Sliding Scale Fee – Payment methods that vary based on income or other factors.

Tricare – Healthcare insurance program of the United States Department of Defense Military Health System. Generally used by military families.

Helplines/Hotlines

BH Link 401-414-5465 or Under 18: 855-543-5465

Care New England Employee Support Service 401-227-3669

Crossroads Domestic Violence/24 Hour Helpline 401-861-2760

Girls & Boys Town National Hotline (serving all at-risk teens/children) 800-448-3000

Lesbian, Gay, Bisexual and Transgender (LGBT) National Hotline 888-843-4564

Mothers Against Drunk Driving (MADD) Victim Helpline 877-623-3435

Narcotics Anonymous 845-431-9011

National Call Center for Homeless Veterans 877-424-3838

National Domestic Violence Hotline 800-799-7233

National Eating Disorders Association (NEDA) Helpline 800-931-2237

National Problem Gambling Helpline Network 800-522-4700

National Runaway Safeline 773-800-9860 National Sexual Assault Hotline 800-656-4673

Office of Healthy Aging (Elder Protective Services) 401-462-0555

Overeaters Anonymous 845-657-6603

RI Al-Anon Family Groups 401-781-0044

RI Buprenorphine Hotline 401-606-5456

RI Child Abuse or Neglect Report Hotline 800-742-4453

RI Legal Services (expungement, driver's license and public benefits services) 401-274-2652

RI Samaritan Crisis Prevention Hotline/Listening Line 401-272-40444, 800-365-4044

RI Victims of Crime Helpline 800-494-8100

The Trevor Project (LGBTQ Suicide Prevention) 866-488-7386 or Text 'START' to 678-678

Veterans Crisis Line 800-273-8255 or Text 838255

988 Suicide & Crisis Lifeline Call or text 988, 1-800-273-8255

Section 1: Basic Needs

Amos House

Phone: 401-272-0220 Email: info@amoshouse.com Website: <u>www.amoshouse.com</u> Address: 460 Pine Street, Providence, RI 02907

"We work in collaboration with other agencies and groups to address issues of hunger, homelessness, and poverty. We are particularly committed to reducing recidivism and helping people who battle with addiction."

Services Provided: Addiction, Basic Needs, HIV/STD, Housing or Temporary Residence, Mental Health Services, Prescription Assistance, Recovery Support Services, Referrals Clients Served: Adults, Children, Criminal Justice-Involved, Families, Spanish-Speaking Clients, Women and Infants Special Programs: 90-Day Recovery-Based Shelter Program for Homeless Men and Women, Financial Literacy, Job Development, Culinary Arts and Carpentry Training Programs, Outreach and Case Management for Female Sex Workers, Permanent Supportive Housing, Mother-Child Reunification Program, Fatherhood Program

Languages Spoken: English, Spanish Forms of Payment Accepted: Free - All Services



Community Action Partnership of Providence (CAPP)

Phone: 401-273-2000 Email: info@cappri.org Website: <u>www.cappri.org</u>

Address: 518 Hartford Avenue, Providence, RI 02909 and 807 Broad Street, Providence, RI 02907

"CAPP is a leading provider of social services for Providence County. The organization operates, promotes and supports the development of human service programs aimed at improving the lives of low-to-moderate income individuals and families living in Providence County. CAPP works to minimize poverty while empowering members of the community to be self-sufficient."

Services Provided: Food Pantry, LEAD Safe, Parent Leadership Training Institute, Senior Services, Basic Needs Assistance for Children and Families, Volunteer Income Tax Assistance, Low Income Home Energy Assistance Program, Weatherization, Employment Training and Certification, Youth Employment, Financial Literacy, Other

Clients Served: Children, Adolescents, Adults, Seniors Languages Spoken: Spanish, English

Forms of Payment Accepted: Free - Limited Services



Crossroads RI

Phone: 401-521-2255 Email: information@crossroadsri.org Website: www.crossroadsri.org Address: 160 Broad Street, Providence, RI 02903

"The mission of Crossroads Rhode Island is to help homeless or at-risk individuals and families secure stable homes. Those we serve achieve this through our range of services including housing, basic needs, shelter, case management, referrals, and education and employment services."

Services Provided: Basic Needs, Housing, Emergency Shelter, Case Management, Education and Employment Services, Domestic Violence Programming, Referrals, Rental Assistance
Clients Served: All are welcome, including Couples, Disabled Individuals, Domestic Violence Survivors, Single Adults, Veterans
Languages Spoken: English, Spanish (Interpreters Available)
Forms of Payment Accepted: Free - Limited Services

Project Weber/RENEW

Phone: 401-383-4888 Email: info@weberrenew.org Website: <u>www.weberrenew.org</u> Address: 640 Broad Street. Providence. RI 02907

"Through peer-led outreach, Project Weber/RENEW provides harm reduction and recovery support services, builds relationships with the people we serve, and fights for systemic change.Through peer-led outreach, Project Weber/RENEW provides harm reduction and recovery support services, builds relationships with the people we serve, and fights for systemic change."

Services Provided: Basic Needs, Case Management, Harm Reduction, HIV/HCV Prevention and Testing, Recovery Supports, Street Outreach, Syringe Exchange Clients Served: Adults Languages Spoken: English, Spanish

Providence Housing Authority (PHA)

Phone: 401-751-6400 Website: <u>www.pha-providence.com</u> Address: 100 Broad Street, Providence, RI 02903

"Providence Housing Authority (PHA) provides and develops quality and safe affordable housing opportunities and services to address the needs of Rhode Island Residents. PHA, working with its residents, will be a best-in-class leader in creating safe, vibrant communities that promote pathways to opportunities and will be a place where people are proud to live and work."

Services Provided: Basic Needs, Behavioral Health Information, Crime Victims Support, Health Education, Prevention, Recovery Support Services, Referral and Support, Workforce Development, Youth Development Clients Served: Adolescents, Adults, Children, Domestic Violence Survivors, Families, Older Adults, Military Families and Veterans, Persons with Disabilities, Victims of Crime, Women and Infants

Languages Spoken: English, Spanish, Portuguese

Rhode Island Coalition to End Homelessness

Phone: 401-721-5685

Email: info@rihomeless.org

Website: <u>http://rihomeless.org</u>

Address: 1070 Main Street, Suite 304, Pawtucket, RI 02860

"The Rhode Island Coalition to End Homelessness works collaboratively with advocates, providers, and faith-based organizations to create and advance lasting solutions to prevent and end homelessness."

Services Provided: Legal Clinic, Referrals Clients Served: General Public Languages Spoken: English Forms of Payment Accepted: Free - All Services



RIREACH (RI Insurance Resource, Education, and Assistance Consumer Helpline)

Phone: 1-855-RIREACH (1-855-747-3224) Email: rireach@ripin.org

Website: http://www.rireach.org/

Address: Rhode Island Parent Information Network 300 Jefferson Boulevard, Suite 300, Warwick, RI 02888

"RIREACH (Rhode Island Insurance Resource, Education, and Assistance Consumer Helpline) provides direct assistance to consumers who need help understanding and accessing their health coverage."

Services Provided: Assistance with insurance enrollment and addressing issues with coverage, Referrals Clients Served: Adults, Disabled Adults, Older Adults, Military Families and Veterans Languages Spoken: English, Spanish Forms of Payment Accepted: Free - All Services

The House of Hope – Access Program

Phone: 401-463-3324 Email: info@thehouseofhopecdc.org Website: <u>https://thehouseofhopecdc.org</u> Address: 3188 Post Road, Warwick, RI 02886

"At House of Hope we affirm safe, stable housing as a basic human right. We address the trauma of homelessness by empowering constituents, delivering high impact innovation services, diversifying housing options, and advocating for policies to counter structural inequalities."

Services Provided: Shelter, Housing, Life Skills, Social Services, Mental Health Services, Peer Mentoring, Provider Referrals Clients Served: Adults Languages Spoken: English Forms of Payment Accepted: Free - All Services

United Way of Rhode Island 2-1-1

Phone: 401-444-0600 or 211 Email: info@unitedwayri.org Website: <u>www.uwri.org</u>

Address: 50 Valley Street, Providence, RI 02909

"Get help with 2-1-1, your free and confidential resource for assistance with housing, food, childcare—and needs well beyond. Call or chat now to get connected right away. Our specialists are available for you 24-hours a day, 365 days a year."

Services Provided: Referrals Clients Served: General Public Languages Spoken: Cambodian, Chinese, English, Italian, Laotian, Mon-Khme, Portuguese, Spanish, Translation Available Forms of Payment Accepted: Free - All Services

Section 2: Children, Youth and Families

Anchor Learning Academy (RI Recovery High School)

Phone: 401-432-7279 Email: info@anchorlearningacademy.org Website: https://www.providencecenter.org/anchor-academy Address: 520 Hope Street, Providence, RI 02906

"A recovery high school combining academics and therapeutic support for students overcoming drug and alcohol addiction."

Services Provided: Recovery Services Clients Served: Adolescents Special Programs: Education Languages Spoken: English, Spanish

Anchor Recovery Community Center

Phone: (401) 889-5770 (Providence) and 401-615-9945 (Warwick)
Email: Info@anchorrecovery.org
Website: www.anchorrecovery.org
Addresses: 310 Reservoir Avenue, Providence, RI 02907 and 890 Centerville Road, Warwick, RI 02886

"Anchor Recovery Community Centers - Peer to Peer Support Services"

Services Provided: Addiction, Advocacy, Telephone Recovery Support, Professional Training, Recovery Support Services, Support Groups Clients Served: Adults, Criminal Justice-Involved, Families, Older Adults, Military Families and Veterans Languages Spoken: English, Spanish Forms of Payment Accepted: Free - All Services

Bradley Hospital (Lifespan Partner)

Phone: 401-432-1000 (24/7 Emergency: 401-432-1364) **Website:** <u>http://www.bradleyhospital.org/</u>

Address: 1011 Veterans Memorial Parkway, East Providence, RI 02915

"Our mission at Bradley Hospital is to provide a range of family-focused, high quality mental health care to infants, children, adolescents and young adults with emotional disorders and/or developmental disabilities."

Services Provided: Inpatient, Intensive Outpatient, Outpatient Clients Served: Infant, Children, Adolescents, Young Adults Languages Spoken: English, Interpreters Available Forms of Payment Accepted: Out of Pocket, Medicaid, Medicare, State Financed Insurance, Private Health Insurance

Center for Southeast Asians

Phone: 401-274-8811

Website: <u>www.cseari.org</u>

Address: 270 Elmwood Avenue, Providence, RI 02907-2931 **Services Provided:** Support Groups, Community-Support Classes, Substance Misuse Prevention

Clients Served: Southeast Asian Adolescents, Children, Families

Special Programs: Affordable Care Act Assistance, Citizenship Classes, English as a Second Language Classes, External Diploma Program, Family Care Community Partnership, Meals On Wheels, Summer Youth Learning Program, Victims Assistance Program, Volunteer Income Tax Assistance

Clinica Esperanza/Hope Clinic

Phone: 401-347-9093 Email: info@aplacetobehealthy.org Website: <u>www.aplacetobehealthy.org</u> Address: 60 Valley Street, Providence, RI 02909

"We provide **Primary Care** with a focus on prevention and health maintenance. We serve uninsured adults. Clinic visits are by appointment."

Services Provided: Primary Care Clinic, Referrals, Walk-ins **Clients Served:** Latina/Latino Families, Islamic Community, Uninsured Persons

Forms of Payment Accepted: Free - Limited Services, Out of Pocket (sliding scale)



Family Service of Rhode Island

Phone: 401-519-2280 or 401-331-1350 Website: <u>www.familyserviceri.org</u> Address: 55 Hope Street, Providence, RI 02906

"Family Service of Rhode Island provides a coordinated care continuum assisting the most underserved families, many with histories of trauma, abuse, neglect, mental health challenges, substance abuse, development delays, HIV/AIDS and other issues. Services are trauma informed, as well as evidence-based/informed, and are available in multiple languages."

Services Provided: Addiction, Advocacy, Basic Needs, Coordination of Care and Services. Domestic and Sexual Violence, Early Childhood Development, Foster Care, HIV/ AIDS Services, Mental Health Services, Police Partnership Responding to Crime Victims, Pregnant and Parenting, Psychiatric Services. Residential Treatment. Restorative Practices, Special Education, Trauma Therapy for Victims of Crime and Violence as well as Military Families and Veterans. Youth Diversion from Court Involvement, Others **Clients Served:** General Population (all ages) Special Programs: AIDS Project RI, Early Intervention, Family Care Community Partnership, Foster Care, Mount Pleasant Academy, Providence Talks, Providence Children's Initiative, Solutions, The Walking School Bus, Youth Diversion Services Languages Spoken: English, Spanish, Portuguese, Creole, Translation Available Forms of Payment Accepted: Private Insurance, Medicare, Medicaid, Tricare

Hasbro Children's Hospital Eating Disorder Program

Phone: 401-444-8638 Website: https://www.lifespan.org/centers-services/eatingdisorder-program Address: 593 Eddy Street, Providence, RI 02903 "The Eating Disorder Program at Hasbro Children's Hospital provides multidisciplinary, family-centered care for children and adolescents with eating disorders. Our program includes comprehensive inpatient and outpatient medical, nutritional and mental health services to promote and maintain physical and mental well-being."

Services Provided: Counseling, Inpatient and Outpatient Eating Disorder Evaluations, Monitoring, Nutritional Services **Clients Served:** Children and Adolescents

Haus of Codec

Phone: 401-484-7465 Email: hausofcodec@gmail.com Website: https://www.hausofcodec.org/

"Building community through the arts and Educational Empowerment. Based in the Creative Capital, Haus of Codec is committed to ensuring an end to transition-aged youth homelessness in Providence through the arts and workforce development."

 Services Provided: Education, Food and Clothing Pantries, Shelters, Workforce Development Opportunities
 Clients Served: Youth 18-24
 Languages Spoken: English, Spanish
 Forms of Payment Accepted: Free - All Services

Mothers Against Drunk Driving RI

Phone: 401-421-0800
Email: ri.state@madd.org
Website: https://www.madd.org/rhode-island/
Address: 2 Regency Plaza, Suite 3, Providence, RI 02903
Services Provided: Advocacy, Helpline/Hotlines,
Prevention, Referrals
Clients Served: Adolescents, Adults, Families
Languages Spoken: English
Forms of Payment Accepted: Free - All Services

Rhode Island Hospital Mental Health Services

Phone: 401-444-7442 Website: www.rhodeislandhospital.org/services/mentalhealth

Address: 593 Eddy Street, Providence, RI 02903

"As the largest providers of psychiatric and behavioral health services in southern New England, Lifespan's partner hospitals are committed to the integration of psychiatry and medicine, providing mental health services for our medical and surgical patients and for more than 75,000 outpatient visits each year."

Services Provided: Medical, Psychiatric, Referrals, Substance Misuse

Clients Served: Children, Young Adults, Adults, Seniors **Languages Spoken:** English

Forms of Payment Accepted: Out of Pocket, Most Major Insurance, Medicare, Medicaid, Tricare

Rhode Island Parent Information Network (RIPIN)

Phone: 401-270-0101 Email: info@ripin.org Website: www.ripin.org

Address: 300 Jefferson Boulevard, Suite 300, Warwick, RI 02888

"Our mission is to assist individuals, parents, families, and children to achieve their goals for health, education, and socio-economic well being by providing information, training, education, support and advocacy for person/family centered care and system change."

Services Provided: Advocacy, Cedar Family Center Services, Early Intervention, Healthcare Ombudsman (Medicaid and Medicare), Special Education, Support Groups, Telephonic Assistance with Medical Insurance (public and private), Transition from School to Adult Life, Wellness Classes (Community Health Network) **Clients Served:** Infant, Children, Adolescents, Young Adults, Older Adults, Families, Professionals **Languages Spoken:** English, Spanish - On Staff (Access to language line to communicate with clients) **Forms of Payment Accepted:** Free - Limited Services



RI Student Assistance Services (RISAS)

Phone: 401-732-8680 Website: www.risas.org

Address: 300 Centerville Road, Suite 301S, Warwick, RI 02886

"RI Student Assistance Services, a division of Coastline EAP, has been providing school and community-based substance abuse prevention and early intervention services to Rhode Island schools and communities since 1987. Our primary service is the nationally-recognized model Student Assistance Program."

Services Provided: Case Management, Classroom Presentations, Professional Development, Referrals, School-Based Short-Term Counseling, Support Groups Clients Served: Adolescents, Children, Families Special Programs: School-Based Services: Mental Health/ Substance Misuse Services, Early Intervention, Referral, Case Management; School- and Community-Based: Suicide Prevention Workshops and Staff Development Languages Spoken: English, Spanish, Portuguese Forms of Payment Accepted: Free - All Services

Tobacco Free Rhode Island

Phone: 401-533-5179 Website: www.TobaccoFree-RI.org

Address: c/o American Lung Association of Rhode Island, 260 West Exchange Street, Suite 102B, Providence, RI 02903

"A statewide network of organizations and individuals working to reduce tobacco use - the leading cause of preventable death and disease in Rhode Island."

Services Provided: Advocacy, Helpline/Hotlines, Prevention Clients Served: General Public, Tobacco Free Ambassador Program for Youth and Young Adults Ages 12-21 Special Programs: Resources and referrals to tobacco and nicotine programs and services; Tobacco Free Youth Ambassador Program; Resource materials for advocates and policymakers on smoking cessation, tobacco-free environments, tobacco use prevention; Policy Guides and Advocacy Tool Kits

Languages Spoken: English Forms of Payment Accepted: Free - All Services

Youth Pride Inc.

Phone: 401-421-5626 Email: info@youthpride.org Website: www.youthprideri.org Address: 743 Westminster Street. Providence. RI 02903

"Youth Pride, Inc. is dedicated to meeting the unique needs of youth and young adults impacted by sexual orientation and gender identity/expression while working to end the homophobic and transphobic environments in which they live, work, and play."

Services Provided: Advocacy, Basic Needs, Drop-In Center, HIV/STD, Mental Health Services, Prevention, Professional Training, Referrals, Support Groups
 Clients Served: Youth Ages 23 and Under
 Languages Spoken: English
 Forms of Payment Accepted: Free - All Services

Section 3: Inpatient Treatment

AdCare Rhode Island

Phone: 401-294-6160, 1-800-ALCOHOL Email: commserv@contactaac.com Website: <u>www.adcare.com</u> Address: 1950 Tower Hill Road, North Kingstown, RI 02852

"AdCare Rhode Island is a 46-bed inpatient alcohol and drug treatment center with a mission of providing transformational recovery experiences to individuals struggling with substance dependence."

Services Provided: Acute Residential, Detoxification, Intensive Outpatient, Mental Health Stabilization, Outpatient
 Clients Served: Adults (18+)
 Languages Spoken: English
 Forms of Payment Accepted: Employer Sponsored/Private Insurance, Out of Pocket

Butler Hospital

Phone: 401-455-6200 Website: <u>www.butler.org</u> Address: 345 Blackstone Boulevard Providence, RI 02906

"The Alcohol and Drug Inpatient Unit provides acute treatment for adults who are actively addicted to alcohol and/or other drugs. Detoxification with intensive medical supervision is provided for people who do not have the support to detoxify on an outpatient basis."

Services Provided: Substance Misuse Treatment, Detoxification, Inpatient Hospital Care, Partial Hospitalization/ Day Treatment Clients Served: Adults Languages Spoken: English, Spanish Forms of Payment Accepted: Most Major Insurance, Medicare, Medicaid, Out of Pocket, Tricare

MAP Behavioral Health Services, Inc.

Phone: 401-785-0050
Email: info@maprehab.com
Website: www.maprehab.com
Address: 66 Burnett Street, Providence, RI 02907
Services Provided: Substance Misuse Services, Mental Health
Services, 90 Day Residential, Intensive Outpatient Program,
General Outpatient Program
Clients Served: Adult Men (18+)
Languages Spoken: English, Spanish
Forms of Payment Accepted: Any form of insurance including
Blue Cross Blue Shield, Out of Pocket

SSTARbirth

Phone: 401-463-6001 Website: <u>www.sstar.org</u> Address: 80 East Street, Cranston, RI 02920

"SSTARbirth is the only residential substance abuse treatment program in the state of Rhode Island specifically designed for pregnant and postpartum women and their children."

Services Provided: Long Term Residential Care
 Clients Served: Women (18+)
 Languages Spoken: English, Spanish
 Forms of Payment Accepted: RI Medicaid Plans: United
 Healthcare, Neighborhood Health, Tufts

Section 4: Mental Health and Recovery Services

Behavioral Health Group (Formerly Journey to Hope, Health, and Healing, Inc.)

Phone: 401-941-4488 or 1-888-312-2033 Website: <u>https://www.bhgrecovery.com</u> Address: 160 Narragansett Avenue, Providence, RI 02907

"The experienced and dedicated team at Behavioral Health Group (BHG) offers comprehensive outpatient substance abuse treatment for people addicted to opiates in Rhode Island, and nearby Massachusetts and Connecticut."

Services Provided: Methadone Maintenance, Long-term Detoxification from Opiates, Short-term Detoxification from Opiates, Individual Counseling, Group Counseling and Education, Drug-Free Substance Misuse Counseling, Hep. C and HIV Anonymous Testing and Counseling, Medical Examinations, Clinical Assessment of Co-occurring Disorders, Coordination of Care with Community Organizations, ATR (Access To Recovery) Eligibility Determination for Grant-Funded Treatment

Clients Served: Adults

Languages Spoken: English, Spanish, Portuguese Forms of Payment Accepted: Medicaid, Medicare, Private Health Insurance, Out of Pocket

CODAC Behavioral Healthcare

Phone: 401-942-1450 Email: codac@codacinc.org Website: www.codacinc.org

Address: 349 Huntington Avenue, Providence, RI 02909

"The oldest and largest opioid treatment agency in RI, with 5 sites across the state, CODAC is uniquely positioned to provide a wide range of outpatient recovery, treatment and prevention services to those struggling with the challenges of substance abuse, mental health and behavioral healthcare issues, tobacco use, problem gambling, and other addictive or abusive behaviors."

Services Provided: Opioid Addiction Treatment Programs (Methadone, Buprenorphine, Vivitrol), Criminal Justice Referrals for DUI and Other Illicit Substance Misuse, Tobacco Cessation Services, Recovery Support Services, On-Site Psychiatric Services, Rapid Hep. C Testing On-Site, Programs for Problem Gambling

Clients Served: Adolescents, Adults, Criminal Justice-Involved, Families, Older Adults

Special Programs: Intensive Outpatient Programs, Health Home Services for Medicaid Patients, Off-Site Maintenance Services, Services for Probation/Parole-Involved Patients, Reentry Support Programs

Languages Spoken: English, Spanish, Portuguese Forms of Payment Accepted: Employer Sponsored/Private Insurance, Medicaid, Out of Pocket

Gateway Healthcare Inc.

Phone: 401-729-8701 and (toll free) 888-841-5252 Website: www.gatewayhealth.org

Address: (Administrative Office) 249 Roosevelt Avenue Pawtucket, RI 02860

"Gateway offers an array of outpatient and residential mental health and addictions treatment services, offering a continuum of care that promotes resiliency and recovery." **Services Provided:** (Including But Not Limited to) Psychiatry, Individual and Group Psychotherapy, Community-Based Case Management, Vocational Rehabilitation, Batterers' Intervention

Clients Served: General Public

Special Programs: 24-hour Psychiatric Emergency Services/ Crisis Hotline 401-723-1915 or 401-553-1031

Languages Spoken: English, Translation Available Forms of Payment Accepted: Out of Pocket, Medicaid,

Private Health Insurance

Providence Comprehensive Treatment Center (Formerly Discovery House)

Phone: 401-461-9110 Website: <u>www.ctcprograms.com</u> Address: 66 Pavilion Avenue, Providence, RI 02905

"Providence Comprehensive Treatment Center (CTC) serves adults in the Providence, Rhode Island, area who have been struggling with opioid addiction. We provide medication-assisted treatment, or MAT, which incorporates prescription medication and counseling to empower adults of all genders to achieve long-term recovery from opioid addiction."

Services Provided: Counseling, Medication-Assisted Treatment, Methadone, Suboxone, Vivitrol Clients Served: Adults

Forms of Payment Accepted: Medicare, Medicaid, Out of Pocket, State-Sponsored Assistance for Uninsured and Undocumented

RI Army National Guard Substance Abuse Program

Phone: 401-275-4052

Address: 645 New London Avenue, Cranston, RI 02920 Services Provided: Referral Services, Strong Choices Prevention Training Clients Served: RI Army National Guard Service Members and Families Languages Spoken: English

Riverwood Mental Health Services

Phone: 401-272-3018 Website: <u>http://www.riverwoodmhs.dreamhosters.com</u> Address: 1268 Eddy Street, Providence, RI 02905

"Our mission is to improve the quality of life for persons who experience significant and persistent behavioral health issues or chronic homelessness by providing and/or coordinating a range of residential and community based services that focus on recovery, wellness and personal growth."

Services Provided: Housing, Insurance, Mental Health, Referrals, Substance Misuse Treatment Clients Served: Chronically Homeless Languages Spoken: English, Spanish

Roger Williams Medical Center

Phone: 401-456-2000

Website: www.rwmc.org

Address: 825 Chalkstone Avenue, Providence, RI 02908

"Roger Williams is the only general hospital in Rhode Island with Level IV Alcohol & Drug Detoxification Program. Under careful medical supervision, adult patients receive daily therapy designed specifically for safe detoxification. The 15-bed alcohol detoxification unit offers comprehensive care and recovery services second to none."

Services Provided: Methadone Detoxification, Psychiatry, Substance Misuse Treatment

Clients Served: Adolescents, Persons with Co-occurring Mental and Substance Use Disorders, Criminal Justice **Clients Languages Spoken:** English, ASL

Forms of Payment Accepted: Out of Pocket, Most Major Insurance, Medicare, Medicaid, Tricare

Veterans Affairs Medical Center

Phone: 401-273-7100 Website: <u>www.providence.va.gov</u> Address: 830 Chalkstone Boulevard, Providence, RI 02908

"The Providence VA Medical Center is dedicated to providing high quality comprehensive outpatient and inpatient health care to Veterans residing in Rhode Island and southeastern Massachusetts."

Services Provided: All Medical Services
 Clients Served: Military Families and Veterans
 (Eligibility Office at 401-273-7100 x3255)
 Languages Spoken: English, Spanish, ASL or other assistance for hearing impaired

Forms of Payment Accepted: Free, Co-Pay, Private Health Insurance, Tricare

Veterans Affairs Medical Center CAPS (Comprehensive Ambulatory Psychiatry Section)

Phone: 401-273-7100 Website: http://www.mentalhealth.va.gov/ Address: 830 Chalkstone Avenue, Unit 116-F Providence, RI 02908

"Nationally and internationally recognized clinical research activities enhance patient care in health services, dermatology, mental health treatment, pulmonary/ vascular, rehabilitation, post-traumatic stress disorder, and alcoholism and drug abuse."

Services Provided: CARS-Substance Misuse Program, Neuro-Psychology, Opioid Treatment Program, PTSD, Rehabilitation/ Recovery, Returning Vets, Sexual Trauma, Smoking Cessation, Suicide Prevention

Clients Served: Military Families and Veterans (Eligibility Office - 401-273-7100 x3255)

Special Programs: Mental Health Interim Care Walk-In Clinic, Numerous Support Groups

Languages Spoken: English, Spanish, Portuguese, ASL or other assistance for hearing impaired

Forms of Payment Accepted: Free, Co-Pay, Private Health Insurance, Tricare

VICTA

Phone: 401-300-5757 Email: info@victalife.com Website: <u>www.victalife.com</u> Address: 110 Elmwood Avenue Providence RI 02907

"Empowering Individualized Recovery"

Services Provided: Family, Group, and Individual counseling for Substance Use Disorder, Mental Illness, and/or Trauma-Related Conditions, Intensive Outpatient Program for Substance Use Disorder, Medication-Assisted Treatment, Methadone, Buprenorphine/Suboxone, Vivitrol, Psychiatric Services

Clients Served: Adults (18+)

Special Programs: Ambulatory Medical Care (only available for clients participating in one of the other programs) **Languages Spoken:** Brazilian Portuguese, English, Spanish **Forms of Payment Accepted:** Medicaid, Medicare, Out of Pocket (sliding scale), Private Insurance, Grant funding for medication-assisted treatment for clients who are uninsured/ undocumented

Women and Infants Hospital

Phone: 401-274-1100 Website: http://www.womenandinfants.org Address: 101 Dudley Street Providence, RI 02905

"With a staff that includes board certified psychiatrists, psychologists, social workers and clinical nurse specialists, we have the expertise needed to diagnose, treat and manage a wide range of psychiatric conditions before, during and after a woman's pregnancy."

Services Provided: Substance Misuse Treatment Clients Served: Pregnant/Postpartum Women Languages Spoken: English, Spanish, ASL or other assistance for hearing impaired, Farsi Forms of Payment Accepted: Out of Pocket, Most Major

Insurance, Medicare, Medicaid, Tricare

Section 5: Other Resources

AIDS Project Rhode Island

Phone: 401-831-5522 Email: info@aidsprojectri.org Website: <u>www.aidsprojectri.org</u> Address: 55 Hope Street, Providence, RI 02906 Mailing Address: PO Box 6688, Providence, RI 02940

"Originally founded in 1985, APRI was the first AIDS service organization in Rhode Island. Our mission is to provide a compassionate, nonjudgmental, and collaborative response to the needs of people living with, affected by, and at risk for HIV. We strive to accomplish our mission through leadership in prevention, education, supportive services, and advocacy. We serve more than 1,500 people throughout Rhode Island every year. APRI is a division of Family Service of Rhode Island."

Services Provided:

* For HIV-positive individuals: Non-Medical Case Management, Housing Navigation, Outpatient Mental Health, Food Pantry Services, Nutritional Support, Oral Health Services, Emergency Financial Assistance

* For HIV-negative individuals: Confidential In-Person HIV and Hep. C Testing, At-Home HIV Testing, Safer Sex Supplies, Sexual Health Education

Clients Served: Adults

Special Programs: Afia Center for Health and Wellness: The Afia Center is located at 55 Hope Street, Providence, RI 02906. The Afia Center offers a variety of services, including a food pantry and socialization activities, for current clients who are HIV-positive.

Languages Spoken: English, Spanish, Portuguese Forms of Payment Accepted: All testing and prevention services are free. HIV-positive support services are provided to income-eligible individuals and are covered by most insurers.

Brain Injury Association of Rhode Island

Phone: 401-228-3319 Email: braininjurycenter@biari.org Website: www.biari.org

Address: 1017 Water Avenue, East Providence, RI 02914

"The Brain Injury Association of Rhode Island is dedicated to increasing awareness of brain injury and its consequences, providing education to prevent brain injury, and enhancing the quality of life for those affected by brain injury."

Services Provided: Advocacy, Prevention, Referrals, Support Groups

Clients Served: Adolescents, Adults, Children, Criminal Justice-Involved, Deaf and Hard of Hearing, Families, Women and Infants, Older Adults, Military Families and Veterans **Languages Spoken:** English, ASL or other assistance for hearing impaired

Forms of Payment Accepted: Free - All Services

Lifespan Community Health Institute

Phone: 401-444-8009

Website: <u>https://www.lifespan.org/centers-services/</u> <u>lifespan-community-health-institute</u>

Address: 335R Prairie Avenue, Suite 2-B Providence, RI 02905

"Lifespan coordinates hundreds of programs, events and community service activities that serve between 25,000 and 30,000 southern New Englanders annually. Programs are provided through Lifespan's partner hospitals and are often offered free or at a reduced cost to the community."

Services Provided: Referral Services Clients Served: General Public Languages Spoken: English, Translation Available Forms of Payment Accepted: Free - Limited Services

Oasis Wellness and Recovery Center of RI

Phone: 401-831-6937 Email: info@oasis-ri.org Address: 134 Mathewson Street, Suite B5 Providence, RI 02903

"Peer support in an environment where mental health consumers can stop by to relax, socialize and help develop whatever services and programs they want. Activities run as members feel appropriate. Mental health referral services available."

Services Provided: Advocacy, Community Groups, Drop-In Centers, Referral Services, Support Groups Clients Served: Adults Languages Spoken: English, Spanish Forms of Payment Accepted: Free - All Services

Preventing Overdose and Naloxone Intervention (PONI) / The Miriam Hospital

Phone: 401-793-4790 Website: http://www.poniri.org/ Address: 1125 North Main Street, Providence, RI 02904 Services Provided: Harm Reduction Services Including Overdose Prevention Clients Served: Adults Special Programs: Naloxone Distribution/Training Languages Spoken: English, Spanish Forms of Payment Accepted: Free - All Services

Keep Your Home Safe

It's a great time to clean out your medicine cabinet! Protect our kids, families and environment by properly disposing of your unwanted and expired medicines. Medicines in the home are a leading cause of accidental poisoning, and flushed or trashed medicines can end up polluting our waters. Rates of prescription drug abuse are alarmingly high, and over half of teens abusing medicines get them from a family member or friend — including the home medicine cabinet — and often without their knowledge.

RETURN UNUSED AND EXPIRED PRESCRIPTION DRUGS

FREE. ANONYMOUS. NO QUESTIONS ASKED.

HEALTHY COMMUNITIES OFFICE Mayor Jorge G. Elorza J City of Providence

Unused and expired medicines that remain in medicine cabinets or other accessible locations in the home increase the risk of prescription drug misuse and abuse. Dispose of your unwanted and expired prescription drugs safely using the tips below.

HOW TO USE A MEDRETURN BIN

MedReturn bins CAN accept: prescription patches, prescription medications, prescription ointments, over-the-counter medications, vitamins, medication samples and pet medications.

MedReturn bins CANNOT accept: liquids, thermometers, hydrogen peroxide, inhalers, aerosol cans, lotions and "sharps" (i.e. needles, lancets, syringes and IVs).

Residents with needles are encouraged to return them to AIDS Care Ocean State's needle exchange program. Call (401) 521-3603 for more information.

Deposit pills in clear plastic bags. Do not include pill bottles that display personal medical information.

WHERE TO FIND A MEDRETURN BIN

Providence Public Safety Complex 325 Washington Street, 1st Floor (Available 24/7)

Walgreens Pharmacy 533 Elmwood Avenue (Available 24/7), 295 Academy Avenue and 1140 North Main Street (Available during Pharmacy Hours)

CVS Pharmacy 960 Broad Street and 935 Manton Avenue (Available 24/7)

For more information, go to providenceri.gov/healthy or call the Healthy Communities Office at (401) 680-5505.

For more information, contact:

Obed Papp, *Regional Coalition Director 4* 401-680-5505 or opapp@providenceri.gov

Healthy Communities Office Joseph A. Doorley, Jr Municipal Building 444 Westminster Street, 3rd Floor Providence, RI 02903 www.providenceri.gov/healthy-communities

In Partnership with:



